

You can make your loved ones sick if you don't get YOUR flu vaccine.



Get Your Flu Vaccine!

Did You Know???

- The flu is more dangerous than a cold, sometimes resulting in death.
- The flu is very serious when it infects infants and children.
- The flu vaccine is very effective in preventing the disease.
- The flu vaccine WILL NOT give you the flu.
- Everyone, young or old, should get the vaccine, not just senior citizens. Check with your doctor.
- October through March is when you can get vaccinated, but the earlier the better!



**For flu vaccine information
contact your health care provider,
or local health department,
or visit www.nj.gov/flu**

